



TENNIS & ENGLISH EASTBOURNE

Eastbourne Campus

9 – 17 years

All sessions are based on assessment of players abilities and are aimed at challenging their skills through a combination of tactical, court awareness and competitive drills.

Each three hour session will have a different theme and will be always finished with 1 hour of match play to give players the opportunity to practice what they have been taught.





WHO CAN TAKE PART

Students from all over the world return each year to improve their skills in English language and tennis whilst being trained by some of the best coaches.

INCLUDED

- 12 hours of tennis coaching by qualified Tennis coaches
- 1 Full Day Excursion (per week)
- 1 Half Day Excursion (per week)
- Full board

OUR STRONG POINTS

- Tennis coaching takes place at a local Tennis Club in Eastbourne.
- The Tennis Programme in Eastbourne is proud to count Living Tennis as a partner. Founded in 2012, Living Tennis provides high quality tennis courses and coaching for all ages and abilities. As one of its founders Jamie Delgado, now the coach of Andy Murray, has helped to develop the training programme for all the participants.

MISCELLANEOUS

All sessions are delivered in a way that ensures that all children enjoy high activity sessions and that the drills are flexible and catered for different standards of play. Closed drills i.e. technical work is only used if certain players need extra attention to get them up to the standard of the rest of the group.

TENNIS & ENGLISH EASTBOURNE CAMPUS RESIDENTIAL

2 WEEKS

SAMPLE SUMMER PROGRAMME 2019*

	MORNING	AFTERNOON	EVENING
Sunday	WELCOME		
Monday	Tennis Classes	Entrance Test and Orientation	Welcome Icebreaker Games
Tuesday	Tennis Classes	Lessons	Egg Protector
Wednesday	Half Day Excursion to Brighton Pier and Lanes	Lessons	Talent Show
Thursday	Tennis Classes	Lessons	Casino Night
Friday	Tennis Classes	Lessons	Disco
Saturday	Full Day Excursion to Portsmouth, Spinnaker Tower and Gun Wharf Quays		Quiz Night
Sunday	Sports and Activities Fun Day/ Optional Excursion		Movie Night
Monday	Lessons	Tennis Classes	Capture the Flag
Tuesday	Lessons	Tennis Classes	Find Dr Ardmore
Wednesday	Lessons	Half Day Excursion to Brighton i360	Karaoke
Thursday	Lessons	Tennis Classes	Rounders
Friday	Lessons	Tennis Classes	Disco
Saturday	Full Day Excursion to London, Thames River Cruise and Westminster Walking Tour <i>Late return meal voucher provided</i>		Farewell Party
Sunday	GOODBYE		

* The Programme may vary due to operational reasons

ENGLISH LESSONS:

15 hours per week (3 hours per day, 5 days per week); maybe morning or afternoon.

DATES:

July 2019 (approx. 7-21)